



Wensley Fold CE Primary Academy

"Make Each Day Count"

Manor Road
Blackburn
BB2 6LX

Head Teacher - Mrs A Whittingham

T: 01254 667449
E: bursar@wensleyfold.blackburn.sch.uk
W: www.wensleyfold.co.uk

WENSLEY WEEKLY
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User Name: parent Password: parent

Dear Parent

IN THE LINE FOR 8.45

Please may we respectfully remind parents that all children must be **in the line** for 8.45am, not running to get to the line at 8.45am. This is to ensure that children are in the classroom on time. Thank you for your understanding.

BREAKFAST CLUB

All of you have received a breakfast club survey form via email advising of the change to Breakfast Club from after February half term. Please could those of you who use the club or intend to use it in the future please complete it as soon as possible so that we can arrange the staffing. Furthermore those of you who use the club currently will also have to sign up on ParentPay after half term so it's important that you also complete this survey. Please remember you are only registering an interest at this point. Thank you for your conference.

KS1 HOUSE POINT WINNERS - OAK

As a reward for the most house points last term, all children in Years 1 and 2 who are in the house group **OAK**, can come to school in **yellow** tomorrow. (No football shirts please).

KS2 HOUSE POINT WINNERS - OAK

As a reward for the most house points last term, all children in Years 3-6 who are in the house group **OAK**, can come to school in **yellow** tomorrow. (No football shirts please).

SUPER SMART UNIFORM SLIP WINNERS – NON UNIFORM

As a reward for receiving a WF Super Smart Uniform slip last term, the following children can come into school dressed in non-uniform next Friday 23 January:

Jacob West

6HW

Muhammad-Zayd-Rafiq	3B
Yusuf Lincoln	4K
Ibrahim Khalid	4M

100% ATTENDANCE REWARD

As a reward and celebration for attending school every day in the Autumn term we are inviting the children listed below to attend a special 'hot chocolate and popcorn party' at morning break time in the hall in the week commencing 26 January.

100% ATTENDANCE

RQ	RS	1A	1B
Zaynah Khonat	Muhammad Abu-Bakr	Jasmine Ali	Ismail Aadil
Rumaysah Patel	Zayna Nur Duka	Hafsa Banglawala	Hadi Afzal
Umar Saddique	Khalid Gorji	Aqsa Dar	Ayan Akhlaq
Halima Subhani	Aiza Hussain	Aiza Iqbal	Dua-Noor Arshad
	Ascia Hussain	Zayan Irfan	Ayaan Karjekar
	Nur Sultan	Sana Patel	Irtaza Subhani
		Qasim Ali Shah	Yusuf Sultan
2C	2W	3A	3B
Mustafa Afzaal	Eesa Dudhia	Adam Chand	Armaan-Ali Arshad
Aizah Noor Ali	Isaac Gaskell	Leo George	Mariam Asad
Fatima-Zahra Ali	Idrees Khan	Anisah Hnaif	Arvin Heidaragha
Saleha Dar	Haadi Khatana	Yousaf Hussain	Muhammad-Armaan Iqbal
Qiyam Farid Duka	Maryam Mahmood	Azaan Khan	Yusairah Mansoor
Aadam Hussain	Sara Patel	Hafsah Mazafar	Umar Hassan Mohammed
Mohammad-Essa Iqbal		Ibrahim Shuayb	Muhammad Musa
Aleena Khan		Zoya Subhani	Sulaiman Qamar
Ilyana Qasim			Muhammad-Zayd Rafiq
Ali Saddique			Aiman Sarwar
Ammarah Yusuf			
Eshaal Zulfiqar			
4K	4M	5B	5S
Masooma Faisal	Hidayah Ahmed	Talal Afzal	Imaan Afzaal
Suraiya Khan	Unaisah Bux	Fatimah Banglawala	Ayesha Asghar
Eesa Safdar	Hamza Khan	Ezra Bould	Isabelle Bracewell
Hafsah Sultan	Abubakr Muhammad	Noor Helal	Madinah Chandia
	Khadija Patel	Iqra Hussain	Muhammad Ibrahim Mahmood
	Umayya Rahman	Aliyah Khan	Aaban Mohsin

	Mustafa Saddique	Saihaan Mohsin	Sumayyah Mulla
	Hamzah Sultan	Aamena Patel	Ahmedraza Patel
	Zahra Waseem	Fatima Patel	Amina Patel
		Moeen Sajjad	Zayyan Qasim
			Minaal Rasool
			Inaya Saddique
			Asiya Ullah
			Abuzahr Younis
			Saaliha Younus
6G	6HW		
Aneeqa Ahmed	Maryam Adalat		
Eesha-Noor Arshad	Faliha Ali		
Fatima Faisal	Keyaan Hanif		
Yousaf Ishaq	Safaa Noor Iqbal		
Ibrahim Majid	Maham Jalil		
Aamna Mazafar	Ismail Patel		
Ayman Mohammed	Sammy Shah		
Janat Qadeer	Mehreen Shazad		
Abdurraheem Safdar	Aisha Sultan		
	Muhammad-Yaqub Ughradar		
	Jacob West		

YEAR 2 POPCORN PARTY

As a reward to say well done for having the best attendance, Year 2W girls and Year 2C boys will have a popcorn and biscuit party tomorrow (Friday).

LOOKING AFTER OURSELVES WORKSHOP FOR PARENTS/CARERS

Please come along and join us for this workshop on Tuesday 20 January 2026 from 9 am - 11 am.

This workshop will help and support parents/carers to understand the benefits of recharging our batteries for emotional and physical health.

- Share feelings and develop realistic expectations and coping strategies.
- Overcome feelings of guilt and failure.
- Gain practical strategies to reduce the stresses of family life.

The workshop is part of the Henry Programme for a healthy start, brighter future topic delivered by the Early Years team from Blackburn with Darwen.

Please contact Ms Emam/Mrs Khan if you like to attend. **Leaflets for the workshop are available to pick up from the school office.**

UNDERSTANDING CHILDREN'S BEHAVIOUR

Come along and join us for this workshop on Tuesday 27 January 2026 from 9am - 11 am.

This workshop will help and support parents/carers to understand what is driving their child's behaviour.

The workshop is part of the Henry Programme for a healthy start, brighter future topic delivered by the Early Years Team from Blackburn with Darwen.

Please contact Ms Emam/Mrs Khan if you like to attend. Thank you.

PARENT AND TODDLER GROUP

Come along to our Parent and Toddler group every Thursday at 8.45am-9.45am in the school hall. A chance to meet other parents and have a fun time with your little ones.

We will have the following activities next half-term:

22 Jan	-	Small World
29 Jan	-	Posting
05 Feb	-	Valentine - Red

PRIMARY SCHOOL ADMISSIONS 2026

If your child's 5th birthday is between 1 September 2026 and 31 August 2027 you need to make arrangements **NOW** for admission in September 2026. You must now apply using the online application at www.blackburn.gov.uk/admissions. The closing date for the applications is **TODAY**.

RECEPTION FUND

If you haven't already done so, please can parents of children in Reception pay £5 for the Autumn term or £15 for the whole year, at the school office. Thank you.

MILK

Milk money is now due for the Autumn Term for all infant children; however all Reception children will receive free milk up to the term in which they have their 5th birthday. Please can parents online on ParentPay. Thank you.

ACHIEVEMENT ASSEMBLY AWARDS – TUESDAY 13 JANUARY

Class of the week	-	5S
KS1 Person of the Match	-	Qiyam Farid Duka (2C)
KS2 Person of the Match	-	Hidayah Ahmed (4M)
KS1 I ate well today	-	Aishah Khokhar (RS)
KS2 I ate well today	-	Maliha Aslam (4M)
WF Super Smart Uniform	-	Ibrahim Ughradar (6G)

100 BOOKS READING CHALLENGE

If you would like to sign up for the 100 books reading challenge, registration forms are available from Mr Desai in the school library after school. Please note the library is open to specific year groups on certain days from 3.15pm - 3.30pm



Monday	–	Reception classes and/or siblings
Tuesday	–	Years 1 and 2
Wednesday	-	CLOSED
Thursday	–	Years 3 and 4
Friday	–	Years 5 and 6

SCHOOL CLUBS

All children who have signed up to any clubs should have received a confirmation letter through their class. Please ensure you do look out for this so you can check what clubs your child has signed up to as well as any additional information there may be. All clubs start next week on Monday 19th January 2026. Please remember if there is any reason your child will not be attending their club at any point during the term you must ensure you tell the school office on that day. If you have any questions at all please do not hesitate to contact Sara Burton on 07805929965 (if there is no answer please do leave a message).

GOLDEN TICKETS NEXT TERM

This is just a reminder that the following is needed for children to qualify for a Golden Ticket for clubs next term:

- If a child has taken any unauthorised extended leave in the current academic year, regardless of the term, they will not qualify for a golden ticket throughout the full academic year. *Please note this is a new addition to the golden ticket requirements and will start with immediate effect.*
- Your child must not have missed any golden time throughout the previous term
- Have **100%** punctuality
- Have at least **98%** attendance (please note in line with government targets this now classed as good attendance)

WINTER HOLIDAY CHALLENGES AND CRAFT PACKS

If your child has completed any of the CU Challenges or the Christmas craft pack over the holidays please ensure you send the evidence to Sara Burton via s.burton@wensleyfold.blackburn.sch.uk or 07805929965. You must still remember to send your child's CU passport in to school so it can be updated, please post in the BLUE CU box at the school office. If you prefer you can send the evidence of the challenges into school together with your child's CU passport so it can be checked and updated. The deadline for these is **next Friday 23rd January**.

CHILDREN'S UNIVERSITY WINTER OLYMPICS ACTIVITY DAY

Information will be sent out today about an activity day for children in year 3 – 6 on Sunday 1st February. Places are limited and offered on a first come first serve basis on ParentPay. Sign up will be available from 7.30am tomorrow morning (Friday 16th January). If you sign your child up please look out for a confirmation email (sent via the school email system) that will be sent later next week with a link to an online consent form which must be completed, otherwise your child cannot attend.

HEALTH INFORMATION WEEK 2026 AT BLACKBURN CENTRAL LIBRARY

Some feel good activities and workshops are coming up in the libraries to help chase away those winter blues. Why not come along and see what's on offer? See the poster <https://bit.ly/HealthInfoWeek26> for all the details and this information sheet <https://bit.ly/HealthInfoWeek26Booking> on how to book.

One of these activities is being run by the Health and Wellbeing Service who are providing a one off 'Feel Good Food Choices' workshop as an intro to discussing food and healthy choices / changes. This will be next Thursday 22nd January from 1pm – 2.30pm. Two health coaches will be delivering the session. Please see the poster for details (<https://bit.ly/FeelGoodWorkShop26>). Booking link via QR code on the poster or via [Active Winter! - Booking by Bookwhen](#)

FAMILY FUN DAY AT BLACKBURN CENTRAL LIBRARY – Saturday 31st January

This is taking place on Saturday 31st January 2026. Help the library celebrate National Storytelling Week with free family friendly activities between 10.30am and 12pm, and again from 1.30pm to 3pm. There will also be story time sessions at 12pm and 3pm. There's no need to book, just turn up on the day. All welcome. Remember if your child is a member of Blackburn CU to pick up a slip to say you have attended. Please then hand this slip in together with your child's CU passport via the blue CU box at the school office.

WAKE UP WEDNESDAY

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about DIGITAL DEVICES & WELLBEING

Children aged 7 to 14 now spend roughly 3 to 5 hours a day on phones, tablets, consoles, and computers. That much screen time has parents and educators worried – not just about the hours logged, but about online safety and the knock-on effects on mental health. This guide brings together practical, expert-backed strategies so adults can nurture healthier digital habits and help young people thrive both on and offline.

WHAT ARE THE RISKS?

SLEEP DISRUPTION

Excessive screen time, especially before bed, can interfere with melatonin production and delay sleep onset. Children may struggle to concentrate or regulate emotions due to poor sleep hygiene linked to late-night device use.

ONLINE PEER PRESSURE

Social media platforms expose children to unrealistic standards and peer validation loops. Likes, comments, and follower counts can influence self-worth and lead to anxiety or risky behaviour to gain approval.

CYBERBULLYING EXPOSURE

Children may encounter bullying through messaging apps, games, or social media. This can be persistent and anonymous, making it harder to detect. Victims often feel isolated and reluctant to report incidents.

REDUCED PHYSICAL ACTIVITY

Time spent on screens often replaces outdoor play and physical activity. This sedentary lifestyle can contribute to obesity, poor posture, and reduced cardiovascular health.

EMOTIONAL DYSREGULATION

Fast-paced digital content can overstimulate young brains. Children may become irritable, impatient, or struggle with boredom and emotional control when not engaged with screens.

PRIVACY AND SAFETY RISKS

Children may unknowingly share personal information or interact with strangers online. Without guidance, they may not understand the long-term consequences of digital footprints or unsafe online behaviour.

Advice for Parents & Educators

SET CLEAR BOUNDARIES

Establish screen-time limits and device-free zones, e.g. classrooms and dinner tables. Use parental controls and co-create a digital use agreement with children to encourage accountability. Trying a visual schedule or timer app can help children understand and stick to limits.

ENCOURAGE OPEN DIALOGUE

Create a safe space for children to talk about their online experiences. Ask open-ended questions like, "What did you enjoy online today?" to build trust and awareness. Try setting aside 10 minutes each day for a digital check-in where children can share what they've seen or done online.

MODEL HEALTHY HABITS

Children mirror adult behaviour. Demonstrate balanced device use, take regular screen breaks, and prioritise face-to-face interactions to reinforce positive behaviours. Making a habit of putting your phone away during meals and conversations can show that real-life interactions come first.

PROMOTE DIGITAL LITERACY

Teach children how to evaluate online content, recognise misinformation, and understand privacy settings. Empower them to think critically and act responsibly in digital spaces. You could use real-life examples from the news or social media to help children practise spotting fake information.

Meet Our Expert

Adam Gillett is Associate Vice Principal for Personal Development at Penistone Grammar School and works on secondment one day a week for Minds Ahead, which works with schools on improving their mental health provision.

#WakeUpWednesday

The National College

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