



Wensley Fold CE Primary Academy

"Make Each Day Count"

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WENSLEY WEEKLY
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www.wensleyfold.co.uk

User Name: parent Password: parent

Dear Parent

WELCOME BACK

We hope that you all had a lovely Christmas and New Year holiday and that you had an enjoyable time with your children. On behalf of all the staff please can we thank everyone for their kind cards and Christmas gifts. As always, 2026 promises to be as busy as ever here at Wensley Fold and we look forward to working in partnership with you and your children in the forthcoming months.

IN THE LINE FOR 8.45

Please may we respectfully remind parents that all children must be **in the line** for 8.45am, not running to get to the line at 8.45am. This is to ensure that children are in the classroom on time. Thank you for your understanding.

RELATIONSHIPS EDUCATION – SPRING TERM

The children will be learning the following topics this term:

Year 1 - Who is special to us?

Year 2 - What makes a good friend?

What is bullying?

Year 3 - How can we be a good friend?

Year 4 - How do we treat each other with respect?

LOST PROPERTY

Please can all lost property from the Autumn term be collected from the office by **tomorrow**. Any unclaimed property will be donated to charity. Thank you.

CLASS OF THE WEEK – WELL DONE RECEPTION S

Class	Sessions attended	Sessions missed
Rec Q	81.3	56
Rec S	98.3	4
1B	91.0	27
1A	88.3	35
2C	94.3	17
2W	94.3	16
3B	92.7	21
3A	79.0	40
4M	94.2	18
4K	92.7	22
5S	96.7	10
5B	91.0	27
6G	92.7	22
6HW	88.0	8

MEET THE TEACHER – NEW NURSERY PARENTS

All parents of children who have joined the nursery this term, will have the opportunity to meet the teacher next Monday 12 January (please see email sent separately). Thank you.

KS1 HOUSE POINT WINNERS - OAK

As a reward for the most house points last term, all children in Years 1 and 2 can come to school in **yellow** next Friday 16 January. (No football shirts please).

KS2 HOUSE POINT WINNERS - OAK

As a reward for the most house points last term, all children in Years 3-6 can come to school in **yellow** next Friday 16 January. (No football shirts please).

LOOKING AFTER OURSELVES WORKSHOP FOR PARENTS/CARERS

Please come along and join us for this workshop on Tuesday 20 January 2026 from 9 am - 11 am.

This workshop will help and support parents/carers to understand the benefits of recharging our batteries for emotional and physical health.

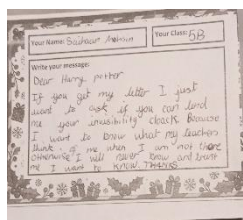
- Share feelings and develop realistic expectations and coping strategies.
- Overcome feelings of guilt and failure.
- Gain practical strategies to reduce the stresses of family life.

The workshop is part of the Henry Programme for a healthy start, brighter future topic delivered by the Early Years team from Blackburn with Darwen.

Please contact Ms Emam/Mrs Khan if you like to attend. Leaflets for the workshop are available to pick up from the school office.

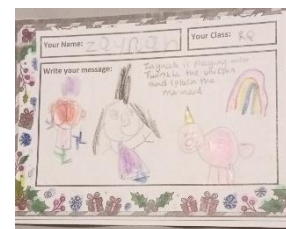
THE JOLLY POSTMAN COMPETITION WINNERS!

Hello everyone! I am delighted to announce the two winners of our *Jolly Postman* competition. We received so many wonderful postcards sent to favourite storybook characters, and they were an absolute joy to read. A huge well done to our fantastic winners:



Saihaan Mohsin (Class 5B) made us laugh out loud with its clever humour: *"Harry Potter may have defeated Voldemort, but he might not be ready to lend out his invisibility cloak just to check what teachers really think! A very cheeky and brilliant idea that made us all laugh."*

Zaynah Khonat (Class RQ) amazed us with a magical drawing full of colour and imagination: *"Unicorns, mermaids, rainbows and splashes everywhere – this postcard is bursting with magic! It looks like Twinkle the unicorn is having the best playdate ever, and we wish we could jump right into the picture."*



Both winners will receive a book of their choice and a beautiful certificate, which will be presented in our Achievement Assembly. Well done to everyone who took part – I am very proud of you all.

Mr Desai, Librarian

PARENT AND TODDLER GROUP

Come along to our Parent and Toddler group every Thursday at 8.45am-9.45am in the school hall. A chance to meet other parents and have a fun time with your little ones.

We will have the following activities next half-term:

15 Jan	-	Let us make friends
22 Jan	-	Small World
29 Jan	-	Posting
05 Feb	-	Valentine - Red

PRIMARY SCHOOL ADMISSIONS 2026

If your child's 5th birthday is between 1 September 2026 and 31 August 2027 you need to make arrangements **NOW** for admission in September 2026. You must now apply using the online application at www.blackburn.gov.uk/admissions. The closing date for the applications is 15 January 2026.

RECEPTION FUND

If you haven't already done so, please can parents of children in Reception pay £5 for the Autumn term or £15 for the whole year, at the school office. Thank you.

MILK

Milk money is now due for the Autumn Term for all infant children; however all Reception children will receive free milk up to the term in which they have their 5th birthday. Please can parents online on ParentPay. Thank you.

SCHOOL CLUBS

Please note there will be 2 signs ups for clubs next week:

- Monday 12th January for Golden Ticket children (names below)
- Tuesday 13th January for everyone else - please note if a club does not appear this may mean it is full from the previous morning.

Please note clubs have to be added individually so they will gradually become available during the 15 minutes (7.30am – 7.45am) each morning so please keep checking.

Places are offered on a first come first serve basis on ParentPay and clubs will be available until Wednesday 14th January (if there are still spaces).

Information on all the clubs which are available have been emailed out and also put on the School App. Please note that some clubs are invite only. Please read all the information that has been sent. If you have any questions please contact Sara Burton on s.burton@wensleyfold.blackburn.sch.uk or 07805929965 (please leave a message if no answer).

Please note a few points below:

- Clubs cost £7 per club, per term, except cooking club which is £10.
- All children who have qualified for a GOLDEN TICKET have been printed below. Please note to qualify for a Golden Ticket your child must not have missed any golden time throughout the previous term as well having **100%** punctuality and at least **98%** attendance. Please note in line with government targets we have changed the attendance to 98% as this now classed as good attendance.
- If you feel like your child should have qualified for a golden ticket, but their name has not been printed below you must inform the school office by 3pm TOMORROW, Friday 9th January. The school cannot deal with any of these queries after this time.
- Some clubs are invite only. Those invited to any of these clubs will be sent a separate email and further details on signing up.
- Due to staffing restraints we do not have as many clubs available. Therefore, each child is able to attend a maximum of **TWO** clubs, unless there are still spaces after 3pm on Wednesday 14th January.
- If your child has been personally chosen / selected to attend a club please check the email sent for this as to whether this club would be counted in their TWO club allocation.

- Choir club for year 3 - 6 is not included in the 2 club allocation. Children who attended last term have automatically been added on. If your child would like to join please contact Sara Burton on 07805929965 (please leave a message if there is no answer).
- The year 5 and 6 Boys' Football clubs on Monday and Tuesday are for those who attended last term and have automatically been added on. No further sign up is needed. This is included in the two club allocation.

GOLDEN TICKETS

Those children who have qualified for a GOLDEN TICKET this term are below. If you have any queries about this please speak to the office no later than **3pm THIS Friday 9th January**. *The school cannot deal with any of these queries after this time.* To qualify for a **Golden Ticket** your child must not have missed any golden time throughout the previous term as well having **100% punctuality** and at least **98% attendance**.

RQ	RS		
Khizar Abbasi	Muhammad Abu-Bakr		
Jaymi Chavda	Zayna Nur Duka		
Zaynah Khonat	Khalid Gorji		
Umar Saddique	Aiza Hussain		
Halima Subhani	Ascia Hussain		
	Dua Kashif		
	Urwah Khan		
	Ibrahim Mulla		
	Osman Raza		
	Nür Sultan		
1A	1B	2C	2W
Jasmine Ali	Irtaza Subhani	Aizah Noor Ali	Sulaiman Awan
Aisha-Maryam Arfan	Iqra Dar	Fatima-Zahra Ali	Eesa Dudhia
Maryam Hussain		Qiyam Farid Duka	Isaac Gaskell
Aiza Iqbal		Aadam Hussain	Hawwa Idris
Sana Patel		Inaaya Mehuddin	Noor-Fathima Iltaf
Yunus Raza		Ilyana Qasim	Anaya Khan
		Ammarah Yusuf	Maryam Mahmood
			Sara Patel
			Hurain Zeeshan
3A	3B	4K	4M
Adam Chnad	Sumaiya Ahmed	Aisha Basharat	Zunairah Ali
Leo George	Arvin Heidaragha	Khadija Choksi	Sakina Batool
Aysha Gorji	Iyah-Nur Hussain		Hasnain Hussain

Yousaf Hussain	Muhammad-Armaan Iqbal		Hamza Khan
Azaan Khan	Yusairah Mansoor		Khadija Patel
Haniya Mahmood	Umar Hassan Mohammed		Hamzah Sultan
Hafsah Mazafar	Muhammad Musa		Zahra Waseem
Fatimah Namaji			
Ibrahim Shuayb			
Zoya Subhani			
5B	5S	6G	6HW
Talal Afzal	Ayesha Asghar	Aneeqa Ahmed	Maryam Adalat
Fatimah Banglawala	Inaaya Asghar	Eesha-Noor Arshad	Faliha Ali
Ezra Bould	Isabelle Bracewell	Fatima Faisal	Mohammed Hassan Bhai
Noor Helal	Zahra Chand	Yousaf Ishaq	Elliot Hide
Iqra Hussain	Madinah Chandia	Arham Khurshid	Safaa Noor Iqbal
Aliyah Khan	Mehar-Un-Nisa Imran	Aamna Mazafar	Maham Jalil
Madiha Mehmood	Abdul-Rehman Mahmood	Ayman Mohammed	Ismail Patel
Saihaan Mohsin	Muhammad Ibrahim Mahmood	Humayd Mulla	Sammy Shah
Aamena Patel	Sumayyah Mulla	Janat Qadeer	Mehreen Shazad
Moeen Sajjad	Rayan Nain	Abdurraheem Safdar	Aisha Sultan
	Ahmedraza Patel		Muhammad-Yaqub Sultan
	Amina Patel		Jacob West
	Zayyan Qasim		
	Minaal Rasool		
	Inaya Saddique		
	Fatima Sadiq		
	Asiyah Ullah		
	Alisha Waris		
	Abuzahr Younis		

WINTER HOLIDAY CHALLENGES AND CRAFT PACKS

If your child has completed any of the CU Challenges or the Christmas craft pack over the holidays please ensure you send the evidence to Sara Burton via s.burton@wensleyfold.blackburn.sch.uk or 07805929965. You must still remember to send your child's CU passport in to school so it can be updated, please post in the BLUE CU box at the school office. If you prefer you can send the evidence of the challenges into school together with your child's CU passport so it can be checked and updated.

WAKE UP WEDNESDAY

At National Online Safety we believe in empowering parents, carers and trusted adults with the information they need to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one platform of many which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

SUPPORTING CHILDREN'S MENTAL HEALTH

10 Conversation Starters for Parents

Talking about mental health to children is sometimes hard. To the point that we can put off raising the subject, not wanting to unearth problems or raise overwhelming subjects that we perceive our child is too young or not ready for. But rather than keeping children in the dark, this guide is designed to help you confidently talk about mental health, so they feel comfortable talking about their own worries and end any stigma before it begins.



1 LISTEN

This sounds obvious, but it is not something we are always great at. Active listening is where we listen without interrupting or making judgements and shows interest in what is being said. If your child feels listened to in the 'smallest of problems' they will become confident that you will listen when the 'biggest of problems' arise.

2 ASK TWICE

The campaign from time to change is great. <https://www.time-to-change.org.uk/support-ask-twice-campaign>. Be tenacious about your child's wellbeing. Children instinctively know when your questions and support come from a place of wanting to help and care.

Are you sure?

3 THERE IS NO SUCH THING AS A STUPID QUESTION

This advice also relates to the first point. If your child can ask you any questions about the smallest of things and you listen and answer without shaming or belittling, then they will have more confidence to ask the biggest of questions.

4 BE OPEN AND HONEST

Children appreciate honesty, particularly if you are having to share information or talk about a difficult subject. For example, you may be talking about death or loss: 'It's very sad that Nana has died' or 'I feel sad that Nana has died'. How you talk about a subject will differ depending on their age and developmental maturity. Talking about death to a younger child for example will be different to that of an older teen, as their experience and understanding of death is different.

5 KNOW WHEN TO SEEK HELP

Assess the severity of the mental health difficulty you are noticing. Is the difficulty making it hard for your child to function regularly throughout everyday life? How frequently is your child affected, how long does it last and how persistent is it? Are they having problems controlling the difficulty? Talk to your child about your concerns and that it is likely they will need further support beyond family and friends.

6 TALK ABOUT MENTAL HEALTH NATURALLY

Speak about mental health as part of everyday life, so that talking about our feelings and those of others is normalised. If the usual 'are you ok?' is not creating an opportunity for dialogue then say something like 'I know when something like that has happened to me I felt like this... is that how you are feeling or are you feeling something else?'

7 EMPATHISE

'It makes sense that you would feel this way, it is understandable'. Children often worry about things that we, as adults, might see as trivial or silly. However, for them at their age and stage it is a big concern and they need our kindness and care when they show their vulnerability and share their worries.

8 HELP YOUR CHILD FEEL SAFE

Teens particularly feel that by talking about their worries or concerns that this will make things worse. Reassure your child that you will discuss a plan of action together and what may or may not need to happen next. If they are a younger child, it is likely you will need to lead the conversation and explain next steps.

9 MIND YOUR LANGUAGE

Be mindful of the language you use at home to describe and talk about mental health. Stigma often arises from misconceptions and a choice of language which is harmful. Using the word 'mental', 'man-up' or other such words in a derogatory way won't encourage your child to talk about their mental health for fear of being belittled.

10 IT IS OK TO SAY 'I DON'T KNOW WHAT TO DO NEXT'

Adults do not have all the answers but often children think they do. It is ok to acknowledge that what your child is experiencing is not something you have come across before or know anything about, but that you will work it out together and seek help together.

Meet our expert

This guide has been written by Anna Bateman. Anna is passionate about placing prevention at the heart of every school, integrating mental wellbeing within the curriculum, school culture and systems. She is also a member of the advisory group for the Department of Education, advising them on their mental health green paper.



Sources of Information and Support

Your GP
Young Minds <https://youngminds.org.uk/v>
<https://www.nhs.uk/conditions/stress-anxiety-depression/>
<https://www.actionforchildren.org.uk/news-and-blogs/parenting-tips/2016/november/a-simple-guide-to-active-listening-for-parents/>
<https://www.themix.org.uk/mental-health>