



WENSLEY FOLD CE PRIMARY ACADEMY

POLICY FOR PHYSICAL EDUCATION

MISSION STATEMENT

The school values and recognises the uniqueness of each individual child and acknowledges their fundamental right to be educated to their full potential in a safe, secure and caring environment. The school, which has a Christian heritage, will, in partnership with parents and the extended community aim to make each day count for all.

AIMS

Physical Education (PE) at Wensley Fold aims to develop the children's fundamental movement skills through a broad range of physical activities and sports. The school's curriculum and extra-curriculum activities aim to provide our children with sporting opportunities and experiences that they otherwise wouldn't have accessed to. The school teaches the importance of a healthy and active lifestyle and promotes 'Healthy Bodies, Hearts and Minds'. Staff and pupils are committed to our school motto 'Make Each Day Count' and the school values which are embedded throughout PE and sport in school.

ORGANISATION

The curriculum has been organised to ensure that our children have the opportunity to learn and develop their fundamental movement skills. Staff work alongside a progressive scheme of work (Lancashire Scheme of Work) which allows the children to build on their physical skills and then apply these to a wide range of sports and activities. Teachers teach one hour of PE each week and sport coaches deliver an additional 30mins to one hour of PE during curricular time.

SUBJECT CONTENT

In Early Years Foundation Stage (EYFS) children develop their fine and gross motor skills during PE lessons, throughout active lessons and by accessing the physical area outside at all times. Reception children learn and develop five key fundamental movement skills: running, jumping, hopping, catching and throwing.

In Key Stage One (KS1) children will continue to learn and develop 10 fundamental movement skills: running fast, hopping, skipping, underarm throw, overarm throw, rolling and ball, bouncing a ball, kicking a ball and catching. During KS1 children begin to apply their skills, tactical awareness and competition to a range of games, gymnastics, athletics and dance activities.

Children in Key Stage 2 (KS2) continue to apply and develop a broader range of skills through different units of work. They learn to evaluate their own their performances in order to achieve their personal best. KS2 children also take part in outdoor adventurous activities and swimming units.

EQUIPMENT

In PE careful consideration should be given to equipment. If required, cones should be used to mark out a safe working space. Some pupils may require specialist equipment and approaches to activities such as those with special educational needs.

Pupils should be encouraged to:
Look after resources and equipment
Use different resources to promote learning
Return all resources to the correct place (overseen by staff)
Be told of any safety procedures relating to carrying or handling equipment.

Any defects in equipment or fittings should be reported to the appropriate staff member and steps should be taken to isolate it and alert other members of staff of the problem.

ASSESSMENT

Staff will use the school PE app to assess their children at the end of each unit. The objectives for each unit will be used and children will be identified as working towards, working at expected or working at greater depth. This will be recorded on the app. At the beginning of KS1, a baseline of the children's fundamental movement skills will be completed and the findings will then be used to plan the units of work. Fundamental movement skills will be reassessed at the end of KS1. This will allow staff and the PE Coordinator to identify the progress of the child and highlight any children who may benefit from extra support.

RISK MANAGEMENT

As with most things in school, adopting a common sense approach should be sufficient to prevent the majority of incidents, but staff should be aware at all times of the dangers of complacency and the importance of ongoing risk assessment/management. The teachers should not be afraid to cancel or adapt some or all activities. For further Safety advice staff should consult the PE Co-ordinator or refer to the Association for Physical Education (AfPE) 'Safe Practice: in Physical Education, School Sport and Physical Activity' handbook which is located in the PE store room. *For more information on the school's accident procedures see the Health and Safety policy.*

CLOTHING AND PERSONAL EFFECTS

Children will come into school dressed in school PE kit on their PE days. Children should be taught the importance of being suitably dressed to take part in physical activity. For both indoor and outdoor activities plain black shorts or joggers, white T-shirt and plain white or black trainers should be worn. Bare feet are the norm for dance and gymnastics. Children can purchase a school PE hoodie from the school office. Children whose hair is long enough should tie it back enabling them to have clear vision.

In accordance with school's policy, no items of jewellery are worn at school. Watches should be removed for P.E. and placed in a safe place for security. The wearing of a religious artefact such as the taweez is permitted but should be taped or covered over during P.E. lessons. Parents should be consulted and advised of the potential injury to the wearer and the necessity to tape or cover it.

It is recommended that all children in Years 5 and 6 can use the separate changing facilities provided or separate areas in the main school building. It is appropriate for children up to Year 4 to change in the classroom or in the Gym at the discretion of the class teacher. However this should only take place with adequate supervision

During swimming, children with long hair should wear a swimming cap. Whilst at the pool boys should wear appropriate swimming trunks and not shorts and girls a one-piece swimming

costume. Girls may also wear appropriate swimming costumes to ensure modesty as part of their religious culture. (See swimming policy)

SPORTS DAYS

Two separate sports days are held for children in Key Stage 1 and 2 in the summer term. At Key Stage One the children partake in more traditional activities, however at Key Stage Two the children are involved in skills based activities. All children take part and have the opportunity to watch other members of their family and friends. Parents have the opportunity to attend these two events in the summer.

PE DEVELOPMENT PLAN

As part of the school's commitment to continually improve the teaching and learning of Physical Education, a PE Development plan has been drafted to meet this aim. This is kept in the PE coordinator's file and also the whole school development plan.

EQUAL OPPORTUNITIES

Children who have an identified physical difficulty will participate at a level which reflects their ability with support as needed. Advice will be sought from the agencies involved with the child.

EXTRA-CURRICULAR SPORTING ACTIVITIES

Wensley Fold offers a wide range of lunch time and after school activities. These are open to any pupil in the relevant year group. The clubs aim to develop a sense of team spirit and commitment. Whilst these activities are voluntary, children should be reminded of the need for safety, co-operation and commitment. As part of our commitment to health and safety, risk assessment will be undertaken for outside agencies and the facilities they use.

Any selection for the various school teams should be on the basis of commitment shown by the children rather than excellence. Parents and pupils need adequate notice before fixtures occur. Permission is required by the school from any child participating in activities out of school. Letters to parents will have clear details about pick up and drop off arrangements for each event.

The aims of extra-curricular activities are:

- To promote a positive attitude towards regular physical activity
- Extend the physical fitness of the pupils
- To allow the opportunity for co-operation and a sense of commitment to be experienced
- To recognise the value of sportsmanship between team mates and opponents.

REVIEW

This policy will reviewed on a two yearly basis, through, and by consultation with the staff, the Head teacher and the Link Curriculum Governor and taking into account the monitoring of children's work and assessment procedures.

The P.E. Matrix and scheme of work will also similarly be reviewed and updated when necessary and appropriate.

Any amendments to the policy arising from the review procedures will go to consultation with staff and governors for discussion, approval and ratification.

S. LLOYD & V. SHARPLES
PE Co-ordinators
Updated June 2021 (awaiting approval from Governors)
John Leigh Date.....