

# ABSENCE DUE TO COVID 19

## A QUICK GUIDE FOR PARENTS/CARERS



	WHAT TO DO IF...	ACTION REQUIRED	BACK TO SCHOOL...
	...my child has COVID 19 (corona virus) symptoms*	<ul style="list-style-type: none"> <li>-Child shouldn't attend school</li> <li>-Child should get a test</li> <li>-Whole household self isolates while waiting for test results</li> <li>-Inform school immediately about test results</li> <li>-Access on line learning if well enough</li> </ul>	...when child's test comes back negative and symptom free for 48 hours.
*Symptoms include at least one of- <b>a high temperature; a new continuous cough; a loss or change of sense of taste or smell.</b>			
	... my child tests positive for COVID 19 (corona virus).	<ul style="list-style-type: none"> <li>-Child shouldn't attend school</li> <li>-Child should self-isolate for at least 10 days from when symptoms* started (or from day of test if no symptoms)</li> <li>-Inform school immediately about test results</li> <li>-Whole household self isolates for 14 days from day when symptoms started or from day of test if no symptoms-even if someone tests negative during this time</li> <li>-Access on line learning if well enough</li> </ul>	...when child has completed 10 days of isolation and has been without a fever for 48 hours (even if they still have a cough or loss of taste/smell)
	...somebody in my household has COVID 19 (corona virus) symptoms*	<ul style="list-style-type: none"> <li>Child shouldn't attend school</li> <li>-Household member should get a test</li> <li>-Whole household self isolates while waiting for test results</li> <li>-Inform school immediately about test results</li> <li>-Access on line learning if well enough</li> </ul>	...when household member is negative and child does not have symptoms*
	... somebody in my household tests positive for COVID 19 (corona virus).	<ul style="list-style-type: none"> <li>-Child shouldn't attend school</li> <li>-Inform school immediately about test results</li> <li>-Whole household self isolates for 14 days from the day when symptoms started or from day of test if no symptoms-even if someone tests negative during this time.</li> <li>-Access on line learning if well enough</li> </ul>	...after 14 days of self-isolation. Even if child tests negative.

	<p>...contacted by track and trace (NHS or school etc). My child has been a close contact of a confirmed case.</p>	<ul style="list-style-type: none"> <li>-Child does not attend school</li> <li>-Child self isolates for 14 days after their last contact with the positive person.</li> <li>-Rest of household does not isolate</li> <li>-Access online learning if well</li> </ul>	<p>...after 14 days of self-isolation. Even if child tests negative.</p>
	<p>...we/my child has travelled abroad and has to self-isolate as part of quarantine.</p>	<p><b>-NO UNAUTHORISED LEAVE IN TERM TIME.</b></p> <ul style="list-style-type: none"> <li>-Check quarantine requirements for that country when planning travel</li> <li>-Follow attendance policy</li> </ul> <p><b>If quarantining required...</b></p> <ul style="list-style-type: none"> <li>-Child does not attend school</li> <li>-Household self isolates for 14 days</li> <li>-Access online learning if well</li> </ul>	<p>...after 14 days of quarantine. Even if child tests negative.</p>
	<p>...we have received advice from a medical / official source that my child must resume shielding.</p>	<ul style="list-style-type: none"> <li>-Child shouldn't attend school</li> <li>-Contact school</li> <li>-Child shields until restrictions are lifted and shielding is paused</li> <li>- Access online learning if well</li> </ul>	<p>...when school/other agencies inform you that restrictions have been lifted.</p>
	<p>...I am not sure who should be tested for COVID 19.</p>	<ul style="list-style-type: none"> <li>-Only people with symptoms should be tested</li> <li>-No symptoms, not advised to get a test.</li> </ul>	<p>...following advice above.</p>

More info at: [www.nhs.uk/conditions/coronavirus-covid-19/symptoms/](http://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/)